Star of the Sea Newsletter

15 March

Term 1 Week 7

Star of the Sea School

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Term Dates 2018

29 January - 12 April
1 May - 6 July
24 July - 28 September
16 October - 13 December

School Closure Days 2018

Friday 9 March
Friday 13 April
Monday 30 April
Monday 23 July
Monday 15 October

Diary Dates

Saturday 17 March
St Patrick's Day

Sunday 18 March
Year 1 Mass
Commissioning Mass for Staff
9.30am

Tuesday 20 March
First Reconciliation 4pm

Wednesday 21 March
Harmony Day
Classroom Open Night
6.30pm
Year 2 Assembly
1.50pm

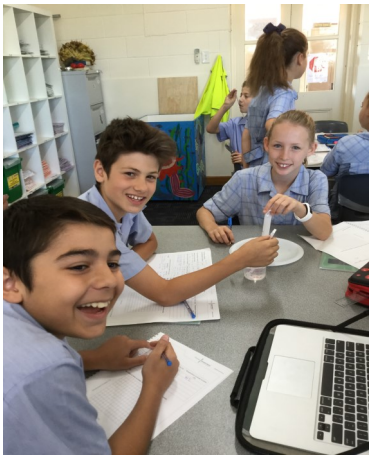
Saturday 24 March
First Reconciliation 4pm

Open Hearts ~ Open Minds

Science and Environmental Sustainability

Year 4s: Bees wax wraps-supporting our school Zero Waste Strategy and reducing food wrapping brought to school

Investigation Year 5 Desert survivors
What are we trying to find out?
Whether the surface area of an animal's ears has an impact on it keeping cool in the desert.
Which container will cool more quickly?



FROM THE PRINCIPAL

Dear Parents and Friends,

I don't know about you but I think the Adelaide Cup long weekend came just at the right time and helped to recharge the batteries for what will be a busy final five weeks of Term 1. That said, I am all 'Fringed' out and Mad March has finally caught up with me. Don't get me wrong, I love the vibe of Adelaide at this time of the year and the city is really jumping with all that is going on. But being busy at work and busy at home can be tiring even for an adult. So imagine how our children must feel when they are too busy. Ensuring our children receive a good night's sleep is very important for learning and concentration at school. For older students, making sure that electronic devices like phones, iPads and Laptops are not in bedrooms at night will help to make sure that children are not texting, instagramming, face timing, snap chatting or simply gaming late at night. As a parent do you know what your children are doing online when you go to sleep at night? In recent weeks I have had to deal with issues as a result of children being online at all times of the night when they should be sleeping and resting. My frustration and tiredness is not the result of too many Fringe performances but one of helplessness at what is common sense parenting. 'No electronic devices in the bedroom.'

Staff PD Day

Last Friday the staff spent the day with Alan Wright focusing on an almost forgotten area of literacy called 'Word Play'. Alan stressed the point that we all think in words and the fewer we know, the more restricted are our thoughts. As our vocabulary expands, so does our power to think. Hence our work on Friday concentrated on the development of word skills with our children. Alan shared his view that in schools the study of words, (we don't just mean spelling) has over time shrunk down to mean little more than reading and vocab knowledge. Alan's day with us helped us to rediscover word awareness, that playing with words encourages metacognitive reflection and motivates learning.

During the course of the day we played with words, we wrote poetry, experimented with words, played with proverbs, rediscovered alliteration and onomatopoeia, and learnt about sniglets, similes, hyperbole, puns and other literary tools long forgotten. I am sure that in the weeks and months ahead many of the lessons Alan shared with us will be seen in classroom programs. I know the children will have just as much fun as we did taking part in word play.

Bully Busting Day

This Friday we will be celebrating Bully Busting Day at school. The aim of the day is to build on the success of previous Bully Busting Days with lessons and activities that give information while at the same time empowering children to keep themselves and others safe from bullying. Lessons based around the theme 'Bullying - No Way!' will help to empower our children and to give them the inner strength to feel good about themselves, regardless of what others may say or do. We want them to have the inner strength and capabilities to cope when difficulties occur.

What is bullying? (Our Star of the Sea definition)

Bullying is a desire to **hurt + hurtful action + power imbalance + repetition + unjust use of power + evident enjoyment by the aggressor + sense of being oppressed by the victim.**

Bullying can take many forms: physical (hitting, tripping…) verbal (name calling, insults…), social (lying about, excluding…), psychological (threatening, manipulating…) and cyber (using technology – phones, social sites…).
Other hurtful behaviours are, at times, mistakenly labelled as bullying. Upsetting and harmful things happen, but not all of them are bullying:

- Mutual arguments and disagreements are upsetting, but usually everyone involved wants to solve the problem and there is not a power imbalance. A mutual argument or disagreement is not bullying.

- Not liking someone, unless you deliberately and repeatedly try to cause someone distress, exclude them or encourage others to dislike them, is not bullying.

- Single acts of meanness, spite, conflict, rejection, exclusion, physical harm and emotional aggression can cause great distress. These things are not examples of bullying unless someone is deliberately and repeatedly doing them to you.

There are many reports in the media about bullying in schools. We often hear that schools do nothing about bullying. If you hear that we have done nothing about bullying it is because we do not know about the incidents. Often bullying is not reported. When reported I can assure parents that bullying will be followed up by leadership. Here at Star of the Sea we do not tolerate 'Bullying - No Way!'

Annual General Meeting
The school Annual General Meeting will be held on **Tuesday 3rd April at 7.00pm** in the Marine Discovery Centre. **Please note the change of date**. I fully understand that AGMs are enough to strike fear into hearts of even the most loyal of parents, however, I ask you to consider your attendance.

Various reports from committees, including the school's audited financial statements, will be tabled at the meeting. The AGM is also an opportunity to thank the various groups that operate within the school and enable the school to achieve all that we do.

Next week, calls for new nominations for the School Board and various other committees will be distributed. I encourage you to consider taking on a role by serving on a committee. There is a great deal of satisfaction to be gained and the school truly benefits from your input and ideas. AGM booklets will be available on the night and will be available to download from the school's web site.

At this year's AGM we have Mark Lemessurier as our guest speaker. Mark is a teacher, counsellor and coach to young people and parents, and is an acclaimed author of parenting books. Mark will be speaking on the topic: **Raising Beaut Kids: How to say no and when to say yes.**

If you only make it to one meeting this year I encourage you to come along to this one.

Education Expo - Classroom Open Night
All parents are invited to our School Open Night next Wednesday 21st March. Following the previous years' successful evenings, you are invited be our guests and to come along and visit your child's classroom and to look at some of the great things that are happening at the school. All areas of the school will be open for you to visit, including the Marine Discovery Centre, Science Room, Music Room, The Italian/Art Room, the Library Resource Centre and much more.

The school will be open from 6.30pm to 8.00pm for you to visit, meet your child's teachers but more importantly for you to see, sample and visit the various places and learning spaces your child spends each day at school.

We hope parents will find the experience informative and engaging as you wander the school being guided by the children. We look forward to welcoming you.

Reminders
As the term evaporates at a hectic pace there are a few reminders:

- **Sports Day** is being held this year on Thursday 12th April at the Henley Oval. Have you put your Sports Day lunch order in yet? This can be done via QKR under Tuck Shop Special Food Day.
- **Harmony Day** is being celebrated next Wednesday 21st March.
- **Parent Teacher Interviews** - Weeks 2 and 3 next term. Booking sheets will be out soon.
- Holy Thursday 29th March - Good Friday 30th March - Easter Sunday 1st April - Easter Monday 2nd April.

Student Absences
From time to time families make requests to take days off from school to travel interstate or overseas. New guidelines require the school to monitor student absences. If you have to take children out of school for 2 weeks or more, please contact the office to complete an 'exemption from school' form.
For absences less than two weeks notification to the class teacher will suffice.

With regard to any request for time away from school please talk to the teacher to ensure your child is not going to miss out on the important events such as camps, excursions or national testing.

Enjoy the weekend ahead.
Joe De Tullio

Our Lady of the Sacred Heart Parish Henley Beach phone 8356 8888

Priest: Fr John Rate msc
Weekend Mass Times:
Saturday: 6.00 pm
Sunday 9.30 am, 5.30 pm
Children's Liturgy – 9.30 am

Parish Office Coordinator: Sue Fanto
Secretaries: Maureen Hughes & Betty Bravington
Office Hours: Open Monday to Friday 9.30 am to 12.30 pm and 1.00 pm to 4.00 pm

Scripture Reflection:

Gospel: John 12:24-26

Jesus said to his disciples:

"I tell you for certain that a grain of wheat that falls on the ground will never be more than one grain unless it dies. But if it dies, it will produce lots of wheat.

"If you love your life, you will lose it. If you give it up in this world, you will be given eternal life.

https://www.youtube.com/watch?

v=tx5CKYBemmQ
Clip from The Gospel of John Academy® Award winning Film.

RE NEWS: Fifth week of Lent

"I have noticed even people who claim everything is predestined, and that we can do nothing to change it, look before they cross the road."
Steven Hawking.

A JUST FUTURE STARTS WITH A SAFE PLACE TO LEARN

The Matuba Children's Centre opens doors for children and young people; they find hope for the future and a safe place where they can grow.

Our children are doing a remarkable job with their creative ideas to raise money for Project Compassion, but more than that, they are passionate; and understand exactly what they are doing and why they are doing it. Stalls are regularly raising over $100, some over $300 and there is lots of fun at each recess and lunch. Thank you for your support of the children's initiatives.

Yr 1 FAMILY PARISH MASS and Staff Commissioning Mass
SUNDAY 18th March at 9:30am Mass.

The whole school community is warmly invited

National Day of Action against Bullying and Violence

Friday 16th March
Bullying. NO WAY!
Take a stand together.

You might like to play the song: Caught in the crowd https://www.youtube.com/watch?v=GIDarYJHCpA

Stella Foley: APRIM

HARMONY DAY

Wednesday 21st March

Star of the Sea is celebrating that 'Everyone Belongs' in a number of ways as a whole school and in class activities.

WEAR A SPLASH OF ORANGE and

PACK SOMETHING ORANGE IN YOUR LUNCHBOX.

Children can wear a splash of orange next Wednesday for Harmony Day. Why not pack some orange nude food for lunch or brain food? A rainbow of food is good for us.

Come along to our School Assembly led by Year 2. Listen to us sing! We will also be unveiling our special 'Everyone Belongs' art work.

PE AND SPORT NEWS

WEETBIX TRYATHLON - BE INSPIRED

Every child, no matter their ability, is considered a champion and encouraged by Weet-Bix Kids TRY Heroes. A medallion is awarded for completion.

Date
Sunday, 8 April 2018
Location
Adelaide Aquatic Centre
Age Requirements
7yrs to 15yrs inclusive
Distances (Approx.) For Age 7-10
Swim 75m, Cycle 3km, Run 500m
Distances (Approx.) For Ages 11-15
Swim 150m, Cycle 6km, Run 1km
On-the-day Prizes
Trek bikes, Bontrager helmets & Asics footwear vouchers
Prize Eligibility
Participants must be registered by Sunday, 1 April 2018 to be eligible to win on-the-day prizes.
Registration
https://registration.tryathlon.com.au/Home/Event/17

Soccer / Football and Netball Term 2 2018

Soccer, Football and Netball forms are now out. Notices have gone out through the Skoolbag App and out through classroom notice boxes. Please register through QKR and remember to check your receipts to ensure your child's registration has been completed.

VISUAL ENERGY STUDIOS

We are offering Cheer 101 to teach your child the basics of cheerleading in a 6-week session program.

They will learn basic motions, jumps, tumbling and stunting, and perform a short routine for family and friends at
the end of the program! Taught in a safe and fun environment with our international coach from the states.

Bookings are essentials - submit your interest via our online form https://form.jotform.co/73074500305849
Only $90 for 6 weeks. Open to all ages boys & girls. *sibling discounts available & a once off registration fee applies.

For more information email us at admin@visualenergystudios.com Program commences week of 20/02/2018

Henley Sharks U10 Girls Football

Girls, were you born in 2008 or 2009 and want to have fun, get fit, and play Australian Rules football?
If you answered YES, Henley Football Club is the place for you.
The Henley Football Club is looking for additional U10 players for season 2018.
Games are played on Sunday mornings and training will occur on Monday and Wednesday nights.
Hurry, register now via the following link:
http://www.henleysharks.com.au/2018-junior-player-wanted-register/
If you require any further information please:
Email: girls@henleysharksjuniors.com.au
or call: Peter Evans on 0412 047 696

JUNIOR GIRLS FOOTBALL (SOCCER) PLAYERS WANTED

Fulham United Football Club has places available for Junior Girls players to join our **Under 9** (born 2009-10) / **Under 11** (born 2007-08) / **Under 13** (born 2005-06) / **Under 15** (born 2003-04) / **Under 17** (born 2001-02) teams for the upcoming season.
Fulham United FC, based at Collins Reserve, Fulham Gardens, is one of the most successful community clubs and the largest football club in South Australia, fielding 40 junior boys' and girls' teams each weekend and providing a pathway to FFSA Men's and Women's elite competitions at senior level.
No experience is necessary to join our junior program and first time players are encouraged to come and try. There is no trial process for new players at this stage of the season.
Registration fees are very competitive and offer great value covering all costs for participation including quality coaching.
For more details, please contact Patrick Kelly on 0416 173 386 or at juniorgirls@fulhamunited.com.au

Come and Try Calisthenics at SEATON!

Learn all kinds of new dance skills while having fun and making Friends!!
★ Dancing ★ Flexibility ★ Clubs & Rods ★ Singing ★ Performances ★ FUN!!
LOW COST CLASSES FOR GIRLS FROM AGE 3 AND UP!!!
FIRST 2 LESSONS FREE WITHOUT OBLIGATION
Telephone enquiries Kaye: 0429 785 289 or
Debbie: 8234 3339
www.seatoncalisthenics.com.au or Facebook

SPORT DATES FOR Term 1, 2018

SACPSSA Swimming Carnival – *Monday 19th March*
Metro SAPSASA Swimming Carnival – *Thursday 22nd March*
Star of the Sea School Sports Day - *Thursday 12th April*
These are the dates that have been set so far so mark them in your diaries!
Please note the Athletics carnivals will be held in terms 2 and 3.

Kristen Victory
Sports Coordinator / teacher

Parents & Friends

For articles and submissions please contact Aaron: aaron.spirdonoff@news.com.au

For P&F Chairperson Olivia: oliviascheff74@gmail.com

REMINDER Please order your sports day lunches

YEAR SEVEN COFFEE MORNING

Please join us Friday 23 March Coffe Journey, Grange Rd after drop-off

All Year 5 Parents & Caregivers welcome!

YEAR 3 COFFEE MORNING

Week 10, Friday, 6 April

Straight after drop off

Cocolat, Henley Square

All Year 3 parents, caregivers & siblings welcome.

YEAR 1 - COFFEE MORNING

FRIDAY 16TH MARCH

OAR COFFEE HOUSE, 100 MILITARY ROAD WEST LAKES SHORE. AFTER DROP OFF!

TUCK SHOP

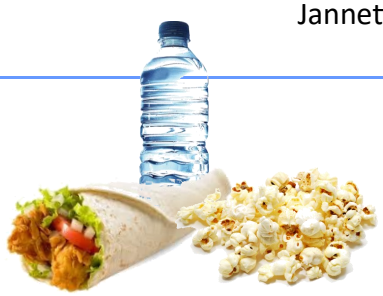
PE AND SPORT NEWS

TUCKSHOP VOLUNTEERS—TERM 1 WEEK 8 & 9

MON 19/3	TUE 20/3	WED 21/3	THURS 22/3	FRI 23/3
Nikki Mezzini	Julie Booth	Natasha Beerworth	Belinda D'Cruz	Mandy Phillips
Amy Ryan	Fay Dreyer	Elyshia Mutton	Michelle Entwistle	Dana Greenwood
				Natalie Castelluzzo

WEETBIX TRYATHLON - BE INSPIRED

MON 26/3	TUE 27/3	WED 28/3	THURS 29/3	FRI GOOD FRIDAY
Michelle Pill	Jayne Flaherty	Margaret Byrne	Jannette LeRay	
	Elizabeth Luey		Rosemaire Stubing	
			Jannette LeRay	



Every child, no matter their ability, is considered a Kids TRY Heroes. A medallion is awarded for completion.

champion and encouraged by Weet-Bix

Date

ROAD MONITORS

ROAD MONITORS—TERM 1 WEEK 8

SEAVIEW ROAD	MILITARY ROAD
Head Monitor— Brodie Stevenson	Head Monitor - Olivia Perry
Alec Reaiche	Alannah Hochuli
Carter Roe	Peter Martin

Sunday, 8 April 2018

ROAD MONITORS—TERM 1 WEEK 9

SEAVIEW ROAD	MILITARY ROAD
Head Monitor— Jack Phillips	Head Monitor - Georgie Blades
Owen Cooper	Anjali Becker
Noah Brazzale	Evie Mittiga

SCHOOL UNIFORM SHOP
TUESDAY 8.30am – 10.00am

http://onlineshop.devonclothing.com.au/starots

ORDER ONLINE 24 hours 7days a week

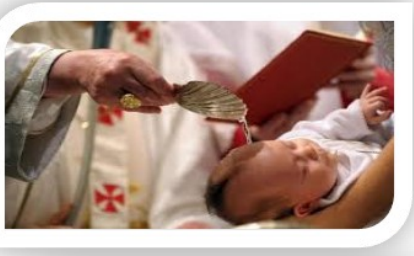
Online orders are processed at the uniform shop on a Tuesday (term time only)
Orders can be collected during above shop hours

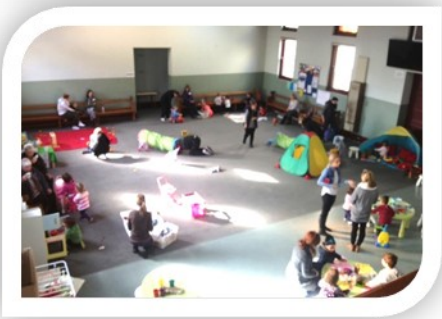
'Winter is approaching and the uniform shop is now taking online and in-store orders. Stock is also available from the shelf, so might be a good time to start thinking about what's in the wardrobe at home.
Waterproof jackets orders available till end of this term. Online orders will be taken as well.
Sizes 4-14 (youth) and samples are available to fit in the uniform shop.

Delivery should be first or second week of term

Remember, online ordering can be accessed via the school website

A reminder that the uniform policy is available to view on our website





SPECIAL MASS for our YOUNGEST FAMILY MEMBERS

Please join us to celebrate the youngest members from our parish and reflect on their first years of life.
As these little ones begin to crawl, walk and grow, we ask God's blessings on their infant years.

FOR: Everyone who attend playgroup.
Recently Baptised children and families.
ALL pre-school aged children 0-5 years.

WHEN: **SUNDAY 15th April 2018 at 9:30am**

WHERE: OUR LADY of the SACRED HEART CHURCH 420 Seaview Road, Henley Beach.

Following Mass there will be a shared morning tea in the Hall with play activities set up for the children, a great opportunity to meet other parents, make friends in a relaxed, fun environment.
Please bring something to share NO NUTS

ALL WELCOME

MUSICIANS NEEDED

Musicians are needed for Good Friday for the combined, Ecumenical service in the Henley Beach Catholic Church on the Good Friday morning at 10.30am. There are only 2 practices , one of which is just prior to the service. Contact Helen Wedding on 83567075 or email helenjun@senet.om.au