

STAR OF THE SEA SPORTS DAY 2023
THURSDAY April 11th, 2024
HENLEY OVAL
Reception – Year 6



Dear Parents /Carers,

The Star of the Sea Sports Day is to be held on Thursday, April 11th, 2024 at Henley Oval, entry off Cudmore Terrace or White Street. The program for the day is as follows:

- 8:20 – 8.45am** Students to be dropped at Henley Oval with sunscreen applied prior to arriving at Henley Oval. Students who attend Before School Care will be walked to Henley Oval by staff. If parents have any issues with drop off at Henley Oval (this does not include Before School Care), please contact your class teacher
- 8.50** Roll call in classes
- 9:00** Welcome / Prayer / National Anthem / Health Hustle
- 9:30** JP to move off to JP area
Year 5 & 6 to participate in 800m
- 9:40** JP's events begin (15 mins per activity)
- 9:50** Year 3 & 4 to participate in 400m
- 10:10** Primary Classes move to first activity with class teacher / Recess
- 10:25** JP's Brain Food
- 10:25** Primary Classes begin first station (15 mins per activity)
- 10:40** JP's events continued
- 11:10** JP's Recess
- 11:30** JP's Events continued
- 12:45** JP & Primary Classes lunch, classes to move to next activity for lunch, teachers will meet their class at that activity and join them for lunch if not already with them
- 1:05** Activities resume
- 1:15** Toddlers Race with JP students to watch
- 1:30** JP's dismissal
- 2:05** Activities conclude, children assemble in their house teams ready for relays. Rubbish collection
- 2:15** Yr 3 - 6 spoke / circular relays. **RELAY LANES Red 1, Blue 2, Gold 3 and Green 4**
- 2:45** Presentations of Spirit Cup and Sports Day Shield
- 2:55** Children to move to their class teachers ready for dismissal. Please note parents are to collect students from Henley Oval unless they are booked into OSHC. These students will then be walked back to school for OSHC.
- 3:00** Dismissal. See note below

MIDDLE PRIMARY AND MIDDLE SCHOOL ACTIVITY STATIONS

- | | |
|---|-----|
| 1. HIGH JUMP | 6M |
| 2. LONG JUMP | 5SJ |
| 3. 100m SPRINTS | 5D |
| 4. 60m Hurdles | 5P |
| (Height for Yr 3 /4s – lowest height Yr 5/6s - second click) | |
| 5. DISTANCE RUN | 4T |
| (Year 3 -4 200m, Year 5 -6 400m) | |
| 6. RELAYS | 4F |
| 7. OBSTACLE COURSE | 4TO |
| 8. VORTEX / SHOT PUT / MINI JAVELIN THROW | 3C |
| 9. SACK RACE | 3G |
| 10. TABLOID GAMES – TUNNEL BALL / UNDER OVER / SOCCER DRIBBLE | 3S |
| 11. Tug of War | 6KS |
| 12. Target Games. - Scoops / Corn Toss / Skittles | 6JS |

JUNIOR PRIMARY ACTIVITY STATIONS

- | | |
|---|-----|
| 1. HIGH JUMP | 2T |
| 2. LONG JUMP | 2P |
| 3. 60m SPRINTS | 2JI |
| 4. 60m HURDLES | 1MF |
| 5. RELAYS – Water / Egg & Spoon | 1T |
| 6. TABLOID – Tunnel Ball / Under & Over | |
| / Soccer Dribble | 1DF |
| 7. Rob the Nest | RD |
| 8. Sack Race | RWT |
| 9. Parachute | RH |

Every student will participate in each activity at each station.

YOUR CHILD WILL NEED

- School hat, sports uniform shorts and their respective House Team colored t-shirt
- Sunscreen - applied before they arrive at Henley Oval (reapplied throughout the day)
- A clearly labeled drink bottle
- Recess and Lunch if not ordered
- Students may wear coloured: - Hair spray / zinc cream / nail polish. This must be done at home and **not** to be brought to oval to apply
- No streamers / crepe paper allowed

FOOD ORDERING

- Students, can order their lunch from Subway through Qkr!. If you do not order your child's lunch through Subway it will be your responsibility to send lunch from home.
- For adults and family members there will be a coffee and food van from which you may purchase your lunch / coffee. Pre orders for food can be made online at macchinettacoffeehouse.com.au or by calling 08 8353 6359. These orders will need to be paid for in advance by Monday 8th April. All available items can be purchased on the day until sold out. Please note this is not for students' lunch purchase as there is a limited lunch break for the students therefore they only have an opportunity to order Subway.

DROP OFF

- Students to be dropped off at their Year Level flag at Henley Oval between 8.20 – 8.45am unless they are attending morning OSHC. If this is an issue, please contact your class teacher as soon as possible. Those children attending morning OSHC will be walked to Henley Oval. Please contact Donna ASAP if care is needed before school.

JP DISMISSAL

- JP Sports Day will conclude at 1.30pm. If parents are unable to collect students at that time, please email class teachers to let them know by Monday 8th April. Any students who are not collected will be walked back to school and will continue their day back at school. Please note your child will not necessarily be sent back to school with their class teacher, it will be dependent upon the number of students who are going back to school.

PRIMARY DISMISSAL

- Dismissal is approximately 3:00pm. **Please ensure that there is an adult present by 2:50pm to collect your child. Please notify the classroom teacher in writing if another adult is to collect your child.**
- After School Care children will be walked back to school, please see Donna in OSHC ASAP if care is needed.
- At the conclusion of the presentations, children will return to their class teacher to be dismissed. To assist us with our Duty of Care responsibilities, **we ask you to present yourself to the teacher so that they can acknowledge you and record that you have taken your child.** We ask that you be patient during this time to assist the teacher in their dismissal role.

Regards,
Kristen Victory
Sports Coordinator