## **Road Safety Week**

### What's Happening:

Welcome to term 4. To kick off this term, we are focusing on Road Safety. Children will learn what it means to be safe around roads and some of the important things to remember when they are riding their bikes. Children will participate in a range of different activities which will ultimately extend their knowledge around road safety and road rules

### This Week's Activities:

Monday – Road safety discussion

Tuesday – Match the road signs to the road rules.

Wednesday - Design your own helmets.

Thursday – Road safety quiz

Friday – Road safety Bingo

### Learning Outcomes: My Time Our place

Outcome 2: Children and young people are connected with and contribute to their world.

Children will gain a further understanding around the importance of being safe around roads. Children will further develop their decisionmaking skills, as well as broaden their understanding of the world they live in.



# When I Grow Up Week

### What's Happening:

'When I grow up I want to be...'

This week the children will collectivity discuss their future aspirations for when they grow up. Children will explore the term 'occupation' and share with their peers what they wish to be once they grow up. Children will participate in a range of different activities which will ultimately extend their knowledge on certain occupations. Children will also explore some community helpers and how they keep us safe at both school and in the community

### This Week's Activities:

Monday - 'When I grow up I want to be'

Tuesday – Community Helpers

Wednesday - Create your own police car.

Thursday – Different types of occupations

Friday – "How can I help change the world"

### Learning Outcomes: My Time Our Place

Outcome 1: Children and young people have a strong sense of identity. Children will become aware and have the ability to identify people in the community which they can look for if they are in trouble or in an emergency.

Outcome 2: Children and young people are connected with and contribute to their world.

Children will become exposed to some of the different occupation opportunities and how they can make a difference in this world.

# OSHC PROgram Term J

# **Zones of Regulation Week**

### What's happening:

Get ready for an extraordinary week of self-discovery, emotional exploration, and learning to navigate the colourful world of feelings and emotions. This week we will embark on a special journey to explore the Zones of Regulation, helping us to understand our emotions, express ourselves, and create a harmonious atmosphere where everyone's feelings are respected and valued.

### This Week's Activities:

Monday - What are the different zones of regulation?

Tuesday – Match the emotion to thez zone

Wednesday – Mindfulness

Thursday – Practice gratitude

Friday – Inside out

### Learning Outcomes: My Time Our Place

Outcome 1: Children and young people have a strong sense of identity.

Throughout this week, children will develop their identity as they explore their feelings and emotions.

Outcome 3: Children and young people have a strong sense of wellbeing.

Children will become strong in their social, emotional and mental wellbeing as they learn how to make choices, accept challenges, take considered risks, manage change and cope with frustrations. Children will also gain a deeper understanding of some of the things they can do to support and assist in their overall mental, physical health and wellbeing.

# Fantasy and Fairytales Week

### What's Happening:

Prepare yourselves for a journey beyond the realms of reality as we embark on a week-long adventure into the enchanting world of fantasy and fairy tales. Get ready to encounter dragons, fairies, knights, and magical creatures. Let your imagination take flight as we explore the wonders of mythical lands and extraordinary adventures.

### This Week's Activities:

Monday – Create your own fairy

Tuesday – Writing fairytales

Wednesday – Magical potions

Thursday – 'If i had a magical power, what would it be?"

Friday – Create your own magical land/mythical creature

### Learning Outcomes: My Time Our place

Outcome 4: Children and young people are confident and involved learners.

As children explore the theme of fantasy and fairytales, they will use their imagination to freely explore, create and wonder. Children will participate in a range of inquiry-based activities to stimulate imaginative thinking.



# Outer space and the Solar System Week

### What's Happening:

Prepare yourselves for an intergalactic adventure as we launch into a week filled with wonder, discovery, and infinite possibilities. Get ready to embark on a journey to the far reaches of the universe, exploring the mysteries of outer space and unravelling the secrets of our extraordinary solar system.

### This Week's Activities:

Monday – What is outer space?

Tuesday – Planets quiz

Wednesday – Create your own planet

Thursday –What do you think is on the moon?

Friday – Create your own alien

### Learning Outcomes: My Time Our Place

Outcome 4: Children and young people are confident and involved learners.

Throughout this week, children will explore the endless possible outcomes surrounding the outer space world and the Solar System. Children will explore with their imagination through a range of inquiry-led tasks, as well as use creativity to complete open-ended tasks. Children will be able to transfer this imagination into other STEM activities explored in the future.

# OSHC PROgram Term Y

# Superheroes and Villains Week

### What's happening:

We are thrilled to embark on an extraordinary adventure this week as we dive into the magical realms of superheroes and villains. Get ready to unleash your inner superhero or embrace your mischievous side as we explore the exciting world of powers, capes and epic battles between good and evil.

We will also explore some of the heroes in our everyday world. We will discuss how they can help keep us safe and ways in which we can look after our community.

### This Week's Activities:

Monday – Superhero shields

Tuesday – Community Heroes

Wednesday –Kindness Heroes

Thursday – 'If I was a Superhero.'

Friday – Superhero movie

### Learning Outcomes: My Time Our Place

Outcome 1: Children and young people have a strong sense of identity. Children will gain a deeper understanding of some off the attributes it takes to be a hero within the community. Children will also use their imagination to create their own superhero and share how it can become an asset in the community.

## Insects and Wildlife Week

#### What's Happening:

Get ready for an exciting adventure as we dive into the fascinating world of insects and wildlife. This week we will explore the incredible diversity of creatures that share our planet, from the tiniest insects to the mightiest mammals. We'll unravel their mysteries, appreciate their unique roles in nature, and discover the importance of coexisting, harmoniously with our wild neighbours.

### This Week's Activities:

Monday – Insect/wildlife profile

Tuesday – Australian wildlife

Wednesday – Match the insect to the correct name

Thursday – Bug hunts

Friday – Create a nature home for an insect

### Learning Outcomes: My Time Our place

Outcome 2: Children and young people are connected with and contribute to their wold.

Throughout this week, children will learn how to become socially responsible and show respect for the environment. Children will explore, predict and hypothesize in order to develop an increased understanding of independence between land, people, plants and animals.



### **Dance and Movement Week**

#### What's Happening:

Get ready to move, groove, and let your creativity soar as we enter an exhilarating week filled with rhythm, dance, and the joy of movement. This week, we invite you to explore the world of dance in all its forms, from classical to contemporary and discover the expressive power that lies within every step and every beat.

### This Week's Activities:

Monday – Name as many types of dance as you can

Tuesday – Health Hustle

Wednesday – Create your own dance

Thursday –Just dance

Friday – Step up

### Learning Outcomes: My Time Our Place

Outcome 3: Children and young people have a strong sense of wellbeing.

Throughout this week children will learn to thrive off dance and physical movement. As children combine gross and fine motor movement and balance to achieve complex patterns of activity including dance, creative movement, drama, and sports.

# OSHC PROgram Term Y

## **Christmas Week**

### What's happening:

Get ready to be enchanted by the magic of the season as we step into a world of joy, kindness, and festive wonders. This week, we are not only celebrating Christmas, but also bidding a fond farewell to this term with gratitude and warmth. It's a time of togetherness, reflection, and embracing the spirit of giving.

### This Week's Activities:

Monday – Reindeer headbands

Tuesday - Create your own elf on the shelf

Wednesday – Create your own baubles

### Learning Outcomes: My Time Our Place

Outcome 2: Children and young people and are connected with and contribute to their world.

As children become involved throughout the week, they will gain an understanding of the world they live in. Children will explore the tradition of Christmas and use their creativity to create a range of different crafts for their families and friends.

